



UNICORN ELECTROLYTE SPRAY **GUIDE**

**MICRODOSING FOR
MIND, BODY, AND SPIRIT**

OVERVIEW

Unicorn Heart Song (  ) is a unique microdose formulation made from high-quality LSD crystal, combined with trace amounts of:

- Ayahuasca vine (*Banisteriopsis caapi*)
- Iboga root bark
- San Pedro cactus

This synergistic blend supports heart-opening, emotional clarity, and neuro-spiritual alignment. Designed for microdosing and light journeys, this spray can enhance daily life, deepen intentional practices, and support inner transformation.

INTENTION SETTING

Before each use:

- Pause.
- Take a breath.
- Set an intention.
- Express gratitude.

Approach this medicine with reverence—it is subtle, sacred, and powerful.

DOSAGE DETAILS

Please note: these numbers are for our REGULAR STRENGTH spray. Please adjust your dosage accordingly when using our DOUBLE STRENGTH spray

- Total Sprays per Bottle: ~ 80
- Per Spray: 10–15 micrograms (ideal microdose range)
- Full Journey Dose: 7–12 sprays
- Starting Dose: 1 spray; after 3–5 sessions, you may explore 2–4 sprays
- How to Use: Spray directly into the mouth

Note: Always wait 2–3 hours before considering another spray. Effects are cumulative and gradual.

IDEAL SET & SETTING

For first-time or intentional use, choose a quiet, safe, and nourishing space—indoors or outdoors.

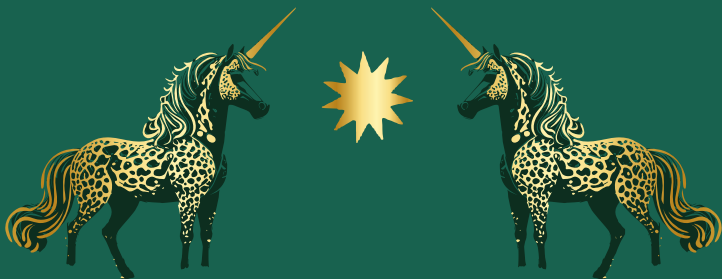
Recommended activities include:

- Gentle yoga or movement
- Breathwork
- Meditation
- Hiking
- Journaling
- Artistic creation
- Music or sound exploration

MICRODOSING SCHEDULES

Choose the rhythm that works best for your system:

1. Every 3rd Day: Dose on Day 1, rest Days 2 & 3
2. Every Other Day: For those seeking consistent effects
3. Once Weekly: Ideal for sensitive systems



DOSAGE SPECTRUM (LSD Effects by Microgram)

Dose	Description	Common Effects
13 µg	Threshold	Subtle boost in mood, energy, and focus. Fully functional. Ideal for daily use.
26 µg	Light Microdose	Enhanced cognition, flow, and emotional regulation. Great for deep work and creativity.
39 µg	High Microdose	Light psychedelic effects (shimmering visuals, introspection). Best for intentional days.
52 µg	Mini-dose	Light psychedelic effects (shimmering visuals, introspection). Best for intentional days.
65 µg	Low Journey Dose	Visual patterns, deeper emotional access. Ideal for guided work or solo ceremony.
78 µg	Mild Trip	Clear visuals, time shifts, and ego-softening. Requires safe, supported environment.

Caution: Doses over 30–40 µg are psychoactive and may not be ideal for work or social situations.

COMBINING WITH PSILOCYBIN MICRODOSING

You may combine Unicorn Spray with psilocybin microdoses. Important: Reduce the dosage of both to avoid overstimulation or unwanted intensity.

Potential Benefits

Cognitive

- Enhanced creativity
- Improved focus and productivity
- Mental clarity and insight

Emotional & Psychological

- Mood elevation
- Reduced anxiety and depression symptoms
- Increased empathy and emotional openness

Physical & Sensory

- Boosted energy
- Heightened awareness and sensory clarity

Neurological & Therapeutic

- Supports neuroplasticity (brain rewiring)
- May aid in breaking addictive patterns



TRACKING YOUR JOURNEY

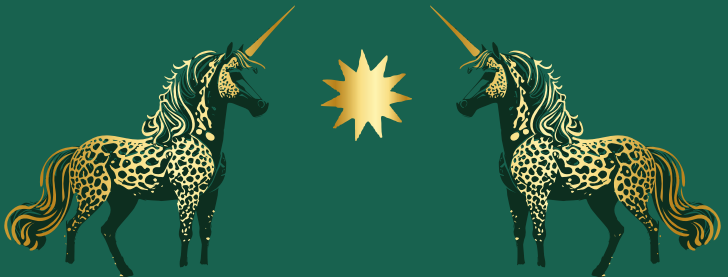
Keep a journal of your experiences, noting:

- Mood shifts
- Productivity
- Emotional tone
- Social interactions
- Creative output
- Physical sensations

This data helps personalize your dosage and schedule.

STORAGE & SAFETY

- Store in a cool, dark place
- Do NOT freeze (glass bottle may crack)
- Use responsibly and mindfully
- Keep out of reach of children and pets



FINAL THOUGHTS

**Unicorn Electrolyte Spray
is a subtle yet powerful tool.
Whether used for healing,
focus, inspiration, or
introspection, its potential
lies in your intention.
Let this medicine be a song
through your heart—gently
guiding you back to wholeness.**

MICRODOSING THE TRIFECTA

LSD • San Pedro • Psilocybin



**LSD sharpens focus and
boosts cognitive endurance.**



**San Pedro (Huachuma) expands
the heart and deepens emotional
resilience.**



**Psilocybin reconnects you to
intuition, presence, and nature.**



Used separately or in rotation, they're like having cardio, weightlifting, and yoga all in one training program— each working a different part of your system, helping you grow stronger, softer, and more aligned.

It's the ultimate protocol for staying in shape— mind, body, and spirit.

Just like the gym, consistency matters. So does recovery, intention, and the right support.



THE KIND TEACHER



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